



If it is necessary to include the family in the rehabilitation process, then a child can also be accompanied by several family members.

### **How do you apply for rehabilitation for children and young people?**

You can find the necessary forms online at [www.deutsche-rentenversicherung.de/kinderreha](http://www.deutsche-rentenversicherung.de/kinderreha). All forms can be filled in online.

Please fill in

→ the application form (G0200).

The doctor treating your child needs to fill in

→ the medical report (G0612) and

→ the fee statement (G0600).

(Please note: every doctor is entitled to write a medical report for Deutsche Rentenversicherung.)

The application, medical report and fee statement should be sent to the relevant pension fund, which will notify you in writing about your application. Alternatively, you can also submit the application online at [www.deutsche-rentenversicherung.de/eantrag-G0200](http://www.deutsche-rentenversicherung.de/eantrag-G0200) and simultaneously upload the completed application report.

## **Advice and Help Nationwide**

### **Service telephone**

Dial the free-of-charge Deutsche Rentenversicherung telephone number:

**0800 1000 4800**

Our experts are available:

Monday to Thursday 7.30 a.m.–7.30 p.m.

Friday 7.30 a.m.–3.30 p.m.

### **Internet**

Information 24/7:

[www.deutsche-rentenversicherung.de/kinderreha](http://www.deutsche-rentenversicherung.de/kinderreha)

Or send us an email:

[info@deutsche-rentenversicherung.de](mailto:info@deutsche-rentenversicherung.de)

You can also use our contact form, available on the website.

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Englische Fassung



**Children and  
Young People:  
Fit by means of  
rehabilitation**

- Rehabilitation for children and young people
- Information for Parents
- Procedure, requirements and submitting an application

## Dear parents,

Your children's health is deeply important to the Deutsche Rentenversicherung.

Therefore, we offer rehabilitation services for children and young people who suffer from a chronic illness or whose health is impaired or at risk. In order to ensure the success of the rehabilitation, follow-up services may also be offered.

This leaflet clarifies the most important questions about rehabilitation for children and young people. You can find further information online at [www.deutsche-rentenversicherung.de/kinderreha](http://www.deutsche-rentenversicherung.de/kinderreha).

### What can rehabilitation do for your child?

Rehabilitation at a young age can safeguard his/her quality of life and earning capacity later in life. Its first priority, however, should be to restore or improve the health and abilities of your child so that he/she can participate fully in school or leisure activities again.

### What will your child receive?

There are many specialist clinics with state-of-the-art medical equipment for the rehabilitation of children and young people. You have a say in the choice of clinic. The website [www.meine-rehabilitation.de](http://www.meine-rehabilitation.de) will help you make your decision. You can specify up to three preferred clinics in your application.

Your child may receive outpatient rehabilitation, either for the whole day or shorter periods. Inpatient rehabilitation normally lasts a minimum of four weeks. If it appears medically necessary, this can also be extended.

First of all, your child will be given a customised rehabilitation plan. This includes medical, pedagogic, physiotherapeutic or even job-orientated services as required.

Your child will be looked after in a group of children of similar ages. To ensure that children miss as little schoolwork as possible, they receive lessons in the main school subjects.

### For which clinical symptoms can rehabilitation for children and young people be helpful?

Rehabilitation can always be taken into consideration, in cases where your child's poor health condition could cause negative impacts on their future ability to work. It is also taken into consideration if they are partly or completely unable to attend school or carry out an apprenticeship due to their health. Rehabilitation aims to remedy or reduce these restrictions, hereby improving your child's health.

For example, rehabilitation may be considered if your child is overweight or suffers from respiratory, skin, musculoskeletal illness, mental disorders or neurological conditions.

It is not possible to take part in rehabilitation if your child has an acute illness, in particular, an infectious disease.

### Which requirements must be fulfilled?

At least one parent must have paid pension insurance contributions.

### Our advice:

You can find out if you fulfil the requirements at one of our information and advice centres.



### What is the age limit for rehabilitation for children and young people?

As a general rule, children and young people are eligible for rehabilitation until the age of 18. This can be extended until no later than a person's 27th birthday if the young person is at school or in training, or taking part in a voluntary social or ecological year or the federal voluntary service scheme. The same applies to young people who are unable to look after themselves owing to a disability.

### What costs will be paid?

- Rehabilitation costs for the child
- Food and accommodation costs for the child
- Travel expenses
- In some cases, costs for an accompanying person

### When is it possible to accompany a child?

For children who have not yet reached their 15th birthday, you can also apply to have travel expenses paid for someone to accompany the child on the journey to and from the clinic.

Children may be accompanied for the duration of the rehabilitation, should this be necessary in order for the rehabilitation to be carried out or for it to be successful. This is to be expected if, amongst other reasons, your child is not yet twelve years old.